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Dr. Solari's main area of research is the validation of instruments and outcome measures (chiefly patient-reported outcome measures) for clinical, epidemiologic, and quality of care studies in neurological diseases, particularly multiple sclerosis (MS). Her other main interests are: the design and conduction of randomized controlled trials on complex interventions; and shared decision making.

Member of the Scientific Committee of the Foundation of the Italian National MS Society (2008-2017), of the Rehabilitation in MS Executive Board (2011-2017), of the European Academy of Neurology (2016 to date), and of the Ethics Committee of Area Vasta Emilia Nord - Italy (2018 to date). Academic editor of Plos ONE and Frontiers Neurology journals, Dr. Solari's work has been published in over 150 peer reviewed journals and edited books including Brain, Journal of Neurology Neurosurgery Psychiatry, Lancet Neurology, Multiple Sclerosis, and Neurology.