

I received my BA in Biology from the University of Rochester in 1997, MS in Epidemiology from the University of Massachusetts, Amherst in 2001, and my ScD in Nutritional Epidemiology from the Harvard School of Public Health in 2009, where I am currently a research scientist in the Neuroepidemiology group in the Department of Nutrition. For over 15 years I have been working with the Nurses' Health Studies and other large cohorts to investigate the role of various infectious and dietary biomarkers, including Epstein-Barr virus and vitamin D, as well as other environmental risk factors such as obesity, and multiple sclerosis. My research interests also include whether established MS risk factors influence MS progression and whether MS patients with generally healthy lifestyles experience better outcomes.