

CURRICULUM VITAE

Name: Professor Rona Moss-Morris	
Present appointment: <i>(Job title, department, and organisation.)</i>	
October 2011 to present: Professor of Psychology as Applied to Medicine, Head of Health Psychology Section, Psychology Department, Institute of Psychiatry, King's College London	
Address: <i>(Full work address.)</i>	
Health Psychology Section, Psychology Dept., Institute of Psychiatry, KCL, 5th floor Bermondsey Wing Guy's Hospital Campus London Bridge, London SE1 9RT	
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Qualifications:	
1997 PhD in Behavioural Science from The University of Auckland, New Zealand.	
1994 MSc (first class honours) from The University of Auckland, New Zealand.	
1984 BSc (with distinction in occupational therapy) from The University of Cape Town, South Africa.	
Professional registration: <i>(Name of body, registration number and date of registration.)</i>	
July 2009 - present: Registered Health Psychologist, Health Professions council (HPC) registration no: PYL18838	
April 2007 - present: Chartered Psychologist, British Psychological Society (BPS) membership no: 220268	
Previous and other appointments: <i>(Include previous appointments in the last 10 years and other current appointments.)</i>	
Oct 2011- Mar 2017	National Adviser to NHS England for Improving Access to Psychological Therapies for people with long term and medically unexplained conditions.
Sep 2007 – Sep 2011	Professor of Health Psychology, School of Psychology, Faculty of Medicine, University of Southampton:
Oct 2005 – Aug 2007:	Reader in Health Psychology, School of Psychology, Faculty of Medicine, University of Southampton:
Research experience: <i>(Summary of research experience, including the extent of your involvement.)</i>	
I am currently principal investigator or co-investigator on grants totalling over four and a half million pounds.	
Medically Unexplained Syndromes.	
My research on chronic fatigue syndrome (CFS) and related syndromes focuses on cognitive behavioural mechanisms and treatments of these disorders. Studies have included large prospective investigations where we demonstrated that operationalisations of our cognitive behavioural models of these disorders predicted the onset of CFS and IBS following glandular fever and gastroenteritis, and post concussion syndrome following mild traumatic brain injury. More recently we have begun experimental work investigating how biases in the processing of symptom and illness information may contribute to the maintenance of these disorders	
Developing and evaluating interventions for people with long term conditions	
I have used my work on psychological mechanisms of adjustment to chronic illness and symptom experience to design interventions for patients with CFS, IBS and multiple sclerosis. I have been lead investigator or co lead on all the clinical trials of these interventions. The trials have included developing detailed manuals for the treatment protocols which have been widely disseminated to clinicians and researchers. A key aim of this work is to expand current provision of treatment for patients with chronic illness to include methods of managing unpleasant and disabling symptoms and interventions to improve quality of life and mood. As part of this aim, we have developed self management web-based versions of some of these treatment packages as a way of making interventions more widely available to patients who may not have access to psychological services. We have a number of grants submitted to extend our web-based work and to conduct early intervention trials to prevent the onset of illnesses such as CFS post viral infection.	

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Research training: (*Details of any relevant training in the design or conduct of research, for example in the Clinical Trials Regulations, Good Clinical Practice, consent or other training appropriate to non-clinical research. Give the date of the training.*)


I have taught research methods and good clinical trial design for 10 years. I have also run professional workshops in this area.

Good Clinical Practice training (2006 and update in 2010)

Recent Academic Journal Publications:

1. Taylor, E. C., O'Neill, M., Hughes, L. D., Carroll, S., & Moss-Morris, R. (in press). "It's like a frog leaping about in your chest": Illness and treatment perceptions in persistent atrial fibrillation. *British Journal of Health Psychology*.
2. Sibelli, A., Chalder, T., Everitt, H., Workman, P., Bishop, F.L., Moss-Morris, R.* (2017). The Role of High Expectations of Self and Social Desirability in Emotional Processing in Individuals with Irritable Bowel Syndrome: A Qualitative Study. *British Journal of Health Psychology*.
3. Hughes, A.M., Hirsch, C.R., Nikolaus, S., Chalder, T., Knoop, H. & Moss-Morris R. (2017, in press). Cross-cultural study of information processing biases in Chronic Fatigue Syndrome: comparison of Dutch and UK chronic fatigue patients. *International Journal of Behavioural Medicine*.
4. Corbett, T., Walsh, J.C., Groarke, AM., Moss-Morris, R., Morrissey, E. & McGuire, B.E. (2017) Cancer-Related Fatigue in Post-Treatment Cancer Survivors: Theory-Based Development of a Web-Based Intervention JMIR Cancer Vol. 3, Issue 2, e8, 13 pages <http://cancer.jmir.org/2017/2/e8/> DOI: 10.2196/cancer.6987
5. Hulme, K., Hudson, J.L., Rojczyk, P., Little, P., Moss-Morris, R. (2017) Biopsychosocial risk factors of persistent fatigue after acute infection: A systematic review to inform interventions. *Journal of Psychosomatic Research* 99 pages 120-129. <http://dx.doi.org/10.1016/j.jpsychores.2017.06.013>
6. Windgassen, S., Moss-Morris, R., Chilcot, J., Sibelli, A., Goldsmith, K. & Chalder, T. (2017) The Journey between brain and gut: A systematic review of psychological mechanisms of treatment effect in irritable bowel syndrome. *British Journal of Health Psychology* DOI: 10.1111/bjhp.12250
7. Powell, D.J.H., Liossi, C., Schlotz, W. & Moss-Morris, R. (2017) Tracking daily fatigue fluctuations in multiple sclerosis: ecological momentary assessment provides unique insights. *Journal of Behavioral Medicine* (Final Accepted Post-Print – 31 pages)
8. Moon, Z., Moss-Morris, R., Hunter, M.S., Carlisle, S. & Hughes, L.D., (2017) Barriers and facilitators of adjuvant hormone therapy adherence and persistence in women with breast cancer: a systematic review. *Dove Press, Journal: Patient Preference and Adherence* 2017:11 305-322. DOI:10.2147/PPA.S126651
9. Yang, S-Y., Moss-Morris, R., & McCracken, L.M., iACT-CEL: (2017) A Feasibility Trial of a Face-to-Face and Internet-Based Acceptance and Commitment Therapy Intervention for Chronic Pain in Singapore *Pain Research and Treatment*, Vol. Article ID 6916915, 14 pages, 2017. doi:10.1155/2017/6916915
10. Picariello, F., Moss-Morris, R., Macdougall, I.C. & Chilcot, J. (2017) The role of psychological factors in fatigue among end-stage kidney disease patients: A critical review. *Clinical Kidney Journal* 10,1, p79-88.
11. Moon, Z., Moss-Morris, R., Hunter, M.S., & Hughes, L.D. (2017) Measuring Illness Representations in Breast Cancer Survivors (BCS) prescribed tamoxifen: Modification and validation of the Revised Illness Perceptions Questionnaire (IPQ-BCS) *Psychology & Health*, 32(4), 439-458. DOI: 10.1080/08870446.2016.1275629
12. Picariello, F., Hudson, J.L., Moss-Morris, R., Macdougall, I.C. & Chilcot, J. (under review) Examining the efficacy or Psychosocial interventions for the management of fatigue in End-stage kidney disease (ESKD): A systematic review with meta-analysis. *Health Psychology Review* 2017
13. Hurt, C.S., Rixon, L., Chaudhuri, K.R., Moss-Morris, R., Samuel, M., Brown, R.G. (2017) Identifying barriers to help-seeking for non-motor symptoms in people with Parkinson's disease. *Journal of Health Psychology* 1-11 DOI: 10.1177/1359105316683239
14. Bogosian, A., Morgan, M., Bishop, F.L., Day, F. & Moss-Morris, R. (2017) Adjustment modes in the trajectory of progressive multiple sclerosis: a qualitative study and conceptual model. *Psychology and Health* Vol. 32, Issue 3, Pages 343-360 DOI: 10.1080/08870446.2016.1268691
15. Windgassen, S.S., Moss-Morris, R., Goldsmith, K.A. & Chalder, T. (2017) Differences in illness-related behaviours and other psychological factors between Irritable Bowel Syndrome subtypes. *Journal of Psychosomatic Research* DOI: 10.1080/08870446.2016.1268691
16. Hughes, A.M., Chalder, T., Hirsch, C.R. & Moss-Morris, R. (2016) An attention and interpretation bias for illness-specific information in chronic fatigue syndrome. *Psychological Medicine* pages 1-13 DOI: 10.1017/S0033291716002890

17. Harrison, A.M., Das Nair, R., Moss-Morris, R., (Nov. 2016) Operationalising cognitive fatigability in Multiple Sclerosis: A Gordian knot that can be cut? *Multiple Sclerosis Journal* (in press)
18. Sibelli, A., Chalder, T., Everitt, H., Workman, P., Windgassen, S.S. & Moss-Morris, R. (2016) A systematic review with meta-analysis of the role of anxiety and depression in Irritable Bowel Syndrome onset *Psychological Medicine* (E-pub ahead of print – 8 Sep 2016)
19. Moon, Z., Hunter, M.S., Moss-Morris, R., & Hughes, L.D. (2017): Factors related to the experience of menopausal symptoms in women prescribed tamoxifen. *Journal of Psychosomatic Obstetrics & Gynecology*, 38(3), 226-235. DOI: 10.1080/0167482X.2016.1216963
20. Hudson, J.L., Moss-Morris, R., Game, D., Carroll, A., McCrone, P., Hotopf, M., Yardley, L. & Chilcot, J. (2016): Improving Distress in Dialysis (iDiD): A feasibility two arm parallel randomised controlled trial of an online cognitive behavioural therapy intervention with and without therapist led telephone support for psychological distress in haemodialysis patients. *BMJ Open*, vol 6, no.4, e011286., 10.1136/bmjopen-2016-011286

Signature:	Date:
	13 th September 2017