



Liz is a Clinical Nurse Specialist in Spasticity management since 2006 at The National Hospital for Neurology and Neurosurgery, UCLH NHS Foundation Trust. She has developed and led the spasticity nursing service working collaboratively within a multidisciplinary team.

She has completed her Master in Nursing at City University, London with her dissertation focusing on concordance with medication in patients with Multiple Sclerosis.

Liz's passion to improve care for people living with long term neurological conditions and complex needs, prompted her to join the spasticity service in 2006. As a lead CNS Liz works closely with community allied health professionals, district nursing colleagues and GP'S, to ensure best care for people with complex neurological needs. She embraces new ways of working and has a track record of evaluating services and designing services that are tailored to address patient and family needs in a timely way.