

CURRÍCULUM VITAE



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Academic Training

Title	Centre	Date
Nursing Degree	University of Barcelona	2003
Master's Degree in Health Promotion	University of Girona	2014

Postgraduate / Additional training

Title	Centre	Date
Postgraduate Diploma in nursing care for chronically patients.	University of Girona	2009
Postgraduate Diploma in nursing care for critical patients.	University of Girona	2011
Postgraduate Diploma: Self-learning course for nurses.	University of Barcelona	2012

International Stages

International Programme	Host Institution	Home Institution
Socrates-Erasmus (European Student Exchange Program) - 2001	"Leidse Hogeschool Voor Beroepsonderwijs" Holland, to the Unit of Dermatology and Otorhinolaryngology	University of Barcelona
European Committee for Treatment and Research in Multiple Sclerosis (ECTRIMS) Multiple Sclerosis Nurse Training Fellowship Programme - 2015	The National Hospital for Neurology & Neurosurgery Queen Square, University College London Hospitals NHS Foundation Trust	Multiple Sclerosis and Neuroimmunology Unit, Biomedical Research Institute of Girona

Teaching

Course	Year
Otorhinolaryngology in Primary Care	2006
Chronic respiratory disease	2007
COM-VAT Programme (Guiding new nurses)	2008
Palliative Care	2010

Collaboration with the Nursing Teaching Practicum Programme

Home Institution	Host Institution	Academic course
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2004
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2005
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2006
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2007
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2008
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2009
Faculty of Health Science and Welfare – University of Vic	University Hospital of Girona Dr. Josep Trueta	2010
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2010
Faculty of Health Science and Welfare – University of Vic	University Hospital of Girona Dr. Josep Trueta	2011
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2011
School of Nursing – University of Girona	University Hospital of Girona Dr. Josep Trueta	2012

Oral Communications

Event	Status	
21st IUHPE World Conference on Health Promotion, 2013.	[Review of the Girona Charter of Health Promotion period 2009-2012].	
18th International Nursing Research Conference, Research Unit in Health Care - Institute of Health Carlos III, 2014.	[Needs and expectations in multiple sclerosis recent diagnosis related to disease and nursing]. [The quality perceived by patients a concept associated to care and the patient-professional relationship].	

National Congress of the Spanish Society of Neurological Nursing, 2014.	[Improving the quality of life of patients with MS recent diagnosis through a specialized nursing box]. [Management of spasticity: education and care in a patient with Sativex].	Awarded Awarded
EXCEMED 17th MS Nurse International Workshop. 2015	The new challenges in MS centres: the nurse perspective	
EXCEMED 18th MS Nurse International Workshop. 2016	- Disease Modifying Treatment in progressive MS - Symptomatic treatment in progressive MS	
32nd Congress of the European Committee for Treatment and Research in Multiple Sclerosis. 2016	- Changing practice through theECTRIMS Nurse Fellowship	
2nd JointECTRIMS/MSIF Fellowship Alumni Meeting Agenda. 2016	- A comprehensive approach to meeting the needs and demands of people with multiple sclerosis	
Jornada innovant en la pràctica assistencial. 2016.	- [El pacient en el centre del procés. Empoderament i Presa de decisions compartides]	
National Congress of the Spanish Society of Neurological Nursing, 2016	- [Comunicació oral premiada: Fingolimod: Reintroducción al tratamiento post embarazo de dos casos clínicos]	Awarded
Jornada de divulgació. Necessitats i demandes de persones amb esclerosi múltiple. 2016	- [El Programa Pacient Expert Catalunya en Esclerosi Múltiple]	

Posters

Event	Status	Comments
XVIII National Catalan Congress of Urgency and Emergency, 2011.	[Patients treated in a critical box of a reference hospital in 2010].	
VII International Congress of History of Nursing, XII National Congress of History of Nursing, VII National Conference on Culture of Care, III Iberoamerican Symposium of History of Nursing, 2011.	[Historical overview of the first schools of Nursing in Spain]. [Practitioners, Midwives and Nurses during its institutionalization in Spain, s. XIX-XX].	

XIX National Catalan Congress of Urgency and Emergency, 2012.	[Nursing communicative process in Emergency Services]. [Patients intoxicated by mushrooms cared in the Emergency Service of a Reference Hospital in 2011]. [Acting of Nursing in a patient with multiple traumas]. [Acting of Nursing during the acute phase of stroke].	
National Congress of the Spanish Society of Neurological Nursing, 2013.	[Glatiramer acetate. uncommon adverse reactions]. [Fingolimod. Incidence of adverse reactions in Multiple Sclerosis Service].	Awarded
XXX Closing Conference of the Academy of Medical Sciences - Nursing Section, 2013.	[Fingolimod. Complications and management of nursing]. [Nursing management of Baclofen Continuing Persusión Bomb related to chronic spasticity in a Multiple Sclerosis Service].	Awarded
XX Annual Meeting of the Catalan Society of Neurology, 2016.	[The nurse role within the multidisciplinary team managing people with multiple sclerosis]	
VIII Jornada Catalana de enfermeria neurológica de la SEDENE	- [Alemtuzumab: Infusion related reactions and nursing approach]	Awarded

Research

Role	Organization	Period	Comments
Nurse Researcher collaborator in studies approved by the Clinical Research Ethics Committee of the University Hospital Dr. Josep Trueta and the Spanish Agency for Medicines and Health Care Products.	- Catalan Institute of Oncology.	2006-2007	
Research and clinical trial Nurse, in studies approved by the Clinical Research Ethics Committee of the University Hospital Dr. Josep Trueta and the Spanish Agency for Medicines and Health care Products.	- Multiple Sclerosis and Neuroimmunology Unit	2011-2015	

Principal Investigator of the study “Study EM-DUI: The improvement of patient's quality of life and the satisfactions in the Multiple Sclerosis recent diagnosis through a consultation specialized nursing”, approved by the Clinical Research Ethics Committee of the University Hospital Dr. Josep Trueta and conducted research at the Institute of Biomedical Girona.	- Multiple Sclerosis and Neuroimmunology Unit	2014	Awarded
Principal Investigator of the study “A comprehensive approach to meeting the needs and demands of people with multiple sclerosis – Focus group”, approved by the Clinical Research Ethics Committee of the University Hospital Dr. Josep Trueta and conducted research at the Institute of Biomedical Girona.	- Multiple Sclerosis and Neuroimmunology Unit	2015	
Research and clinical Nurse, in studies approved by the Clinical Research Ethics Committee of the University Hospital Vall Hebron and the Spanish Agency for Medicines and Health care Products.	- Multiple sclerosis centre of Catalonia	2015-ongoing	

Publications

Autors; Title; publication information; date.
<ul style="list-style-type: none"> - Orriols C, Jiménez MA, Tornabells M, Robles MA, Limón G. [How does the training affect to the heart in athletes. Evaluation of cardiac arrhythmias]. <i>Pols a Pols</i>. 2012 Mar;40-43. - Simon S, Rovira I, Serrano JL, Moreno J, Pujol C, Robles MA. [Use of induced hypothermia as a treatment after cardiac arrest in patients admitted to a specialized intensive care unit]. <i>Pols a Pols</i>. 2012 Aug;10-13. - Moreno J, Pujol C, Robles MA, Rovira I, Serrano JL, Simón S. [The prone position in acute respiratory distress syndrome]. <i>Pols a Pols</i>. 2012 Des;22-25. - Edreira H, Rodríguez C, Sevane L, Robles MA, Merchan M, Guerrero J, et al. [Nursing agreement on the management of patients treated with glatiramer acetate]. 1a ed. Madrid. Teva Neuroscience. 2012. - Serrano JL, Rovira I, Pujol C, Moreno J, Robles MA, Simón S. [Incidence of phlebitis in peripheral venous catheters: nursing role in its maintaining]. <i>Pols a Pols</i>. 2013 May; 32-34. - Merchan-Ruiz M, Guerrero-Clemente J, Robles-Sanchez MA, Ramió-Torrentà L. [Glatiramer acetate: uncommon adverse reactions] <i>Rev Cient Soc Esp Enferm Neurol</i>. 2014 Jul-Dec; 40(1):4-7. Disponible en: http://dx.doi.org/10.1016/j.sedene.2014.06.002 - Robles-Sanchez MA, Merchan-Ruiz M, Guerrero-Clemente J, Cruz-Díaz V, Ramió-Torrentà L. [Fingolimod. Incidence of adverse reactions in Multiple Sclerosis Service]. <i>Rev Cient Soc Esp Enferm Neurol</i>. 2014 Jul-Dec; 40(1):16-20. Available from: http://dx.doi.org/10.1016/j.sedene.2014.09.001

- Cruz-Díaz V, Bagot-Prats M, Cepeda-Bautista M, Robles-Sanchez MA, Castanera-Duro A, Rodrigo-Gil JM, Bertran Noguer C, Juvinyà-Canals D. [The quality perceived by patients a concept associated with the care and patient-professional relationship]. Inside: Book of Presentations. XVIII 18th International Nursing Research Conference [Internet]. Madrid: Institute of Health Carlos III. Research Unit in Health Care (Investén-isciii); 2014. 34-35. Available from: http://www.isciii.es/ISCIII/es/contenidos/fd-el-instituto/fd-organizacion/fd-estructura-directiva/fd-subdireccion-general-servicios-aplicados-formacion-investigacion/fd-centros-unidades/fd-investen-isciii-2/docus/2014_XVIII_encuentro_Investen_Vitoria.pdf
- Robles-Sanchez MA, Cruz-Díaz V, Merchan-Ruiz M, Guerrero-Clemente J, Bertran Noguer C, Juvinyà-Canals D, Ramió-Torrentà L. [Needs and expectations in multiple sclerosis recent diagnosis related to disease and nursing]. Inside: Book of Presentations. XVIII 18th International Nursing Research Conference [Internet]. Madrid: Institute of Health Carlos III. Research Unit in Health Care (Investén-isciii);2014. 263-264. Available from: http://www.isciii.es/ISCIII/es/contenidos/fd-el-instituto/fd-organizacion/fd-estructura-directiva/fd-subdireccion-general-servicios-aplicados-formacion-investigacion/fd-centros-unidades/fd-investen-isciii-2/docus/2014_XVIII_encuentro_Investen_Vitoria.pdf
- Robles-Sanchez MA, et al. [The role of nurses in the improvement of the quality of life of patients with multiple sclerosis]. Rev Cient Soc Esp Enferm Neurol. 2015. Available from: <http://dx.doi.org/10.1016/j.sedene.2015.05.004>
- Sanchez MAR, Porter B. The role of the MS clinical nurse specialist in the management of disease-modifying drugs. Br J Neurosci Nurs [Internet]. MA Healthcare London; 2015 Dec 2;11(6):272–8. Available from: <http://www.magonlinelibrary.com/doi/10.12968/bjnn.2015.11.6.272>
- Robles-Sanchez MA, Rus-Hidalgo M, Merchan-Ruiz M. Cuidados de enfermería en la esclerosis múltiple. In: Lendínez-Mesa A, Sociedad Española de Enfermería Neurológica, editors. Enfermería en Neurorrehabilitación: Empoderando el autocuidado. Barcelona: Elsevier España; 2016. p. 161–70.

Work List as a Nurse

Organization	Period
Assisted residence and Day Centre "Santa Rosa"	2003
Residence for seniors and Day Centre "Domenec i Montaner".	2003
Residence for the elderly Pinassa.	2004
Surgical Clinic Onyar (Alliance).	2004-05
Basic Area of Hostalrich-Breda (IAS).	2005-06
Catalan Institute of Oncology.	2006-07.
Girona Biomedical Research Institute (IDIBGI).	2006
Residence seniors Avets.	2007
Extern Prevention Service for Occupational Health and Safety (SPASS).	2007-2009
Blood and Tissue Bank of Girona.	2009-2012
Multiple Sclerosis and Neuroimmunology Unit, Biomedical Research Institute of Girona.	2011-2015
Health Catalan Institut.	2004-ongoing

NAME: Miguel Angel Robles Sanchez