

## Biography

Victoria Matthews RGN MSc

28 Riverside Gardens

Romsey

Hants SO51 8HN UK

### **Qualifications**

- Registered General Nurse 1988.
- ENB Diploma in Neuroscience Nursing 1991.
- Master's degree in Rehabilitation Counselling 1997

I am an MS specialist nurse with 25 years + experience of caring and supporting PwMS and their families. I qualified and practiced as an Integrative counsellor within the NHS (and private sector) alongside my specialist clinical role. My interest is the emotional consequences of living with long term neurological conditions; particularly MS.

I am a trained artist and currently facilitate art for wellbeing workshops for people with health problems

### **Current Activities**

Member of the Royal College of Nursing Neuroscience Forum

Member of RCN Foundation Advisory Board

Honorary member of UKMSSNA

Nurse member euRIMS (European Network in MS Rehabilitation)

Member of MS PRO Steering Committee

